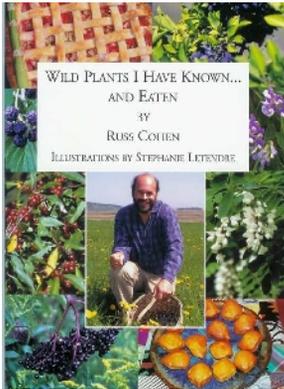


Dedham Natural Wonders presents

Edible Dedham

Edible Wild Plant Walk with
Expert Forager and Author Russ Cohen



Date

Wednesday, September 7, 2011

Time

2:00 PM – 4:00 PM, followed by book signing at
the Dedham Farmer's Market

Location

Wilson Mountain Reservation

What to wear/bring:

Long pants, boots or
sturdy shoes, sunscreen,
insect repellent, water

Contact:

Joanna Hamblin
dedhamfarmersmarket
@gmail.com
[http://twitter.com/
GoodNatureGirl](http://twitter.com/GoodNatureGirl)

Event Sponsors



The greater Boston area is home to over 150 species of edible wild plants, some of which are more nutritious and/or flavorful than their cultivated counterparts. Join Russ Cohen, expert forager and author of Wild Plants I Have Known...and Eaten, on a ramble through DCR's Wilson Mountain Reservation to learn over a dozen species of edible wild plants. As late summer is also in the middle of mushroom season, pending favorable weather conditions, a number of edible wild mushroom species may be encountered on the walk as well. Keys to the identification of each species will be provided, along with information on edible portion(s), season(s) of availability and preparation methods, as well as guidelines for safe and environmentally responsible foraging.

Meet at Wilson Mountain parking lot located on Common Street in Dedham, walk is from 2-4 pm. Following the walk, Russ will be at the Dedham Farmer's Market in Dedham Square with copies of his book Wild Plants I Have Known ...and Eaten.



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