

WHERE TO GET HELP

A GUIDE FOR DEDHAM SENIOR CITIZEN'S TO
HUMAN SERVICE ORGANIZATION AND OTHER
HELPFUL NUMBERS

Dedham Council on Aging

735 Washington Street

Dedham, MA 02026

(781) 326-1650

Fax 781-320-8922

www.town.dedham.ma.us

EMERGENCY & HOTLINE NUMBERS

AMBULANCE, FIRE & POLICE EMERGENCY	911
ALCOHOL & DRUG ABUSE HELP	800-331-2900
AMER. RED CROSS EMERGENCY SER.	800-262-5663
ATTORNEY GENERAL ELDER HOTLINE	888-243-5337
CARITAS NORWOOD HOSPITAL	781-769-4000
CONSUMER PROTECTION HOTLINE	800-638-2772
ELDER ABUSE HOTLINE	800-922-2275
ELDER AFFAIRS OFFICE	800-882-2003
ELDER LOCATOR	800-677-1116
FOOD STAMP HOTLINE	800-645-8333
GAMBLERS ANONYMOUS	617-338-6020
MA DEPT. OF PUBLIC HEALTH	800-462-5540
MEDICAID CLAIMS HOTLINE	800-633-4227
MEDICARE ADVOCACY	800-323-3205
MEDICARE CLAIMS HOTLINE	800-633-4227
MEDICARE FRAUD & ABUSE	800-633-4227
NARCOTICS ANONYMOUS	866-624-3578
NATIONAL HOSPICE HOTLINE	800-658-8898
POISON CONTROL CENTER	617-232-2120
PROJECT BREAD (FOOD STAMPS)	800-645-8333
SUICIDE PREVENTION HOTLINE	617-247-0220

QUICK REFERRAL NUMBERS

ALZHEIMER'S ASSOCIATION	800-272-3900
ALZHEIMER'S HELPLINE	800-548-2111
AM. ASSOC. OF RETIRED PERSONS (AARP)	617-723-7600
AMERICAN CANCER SOCIETY	800-227-2345 / 888-648-4880
AMERICAN DIABETES ASSOCIATION	800-232-3472
AMERICAN HEART ASSOCIATION	800-242-8721
AMERICAN KIDNEY FOUNDATION	800-622-9010
AMERICAN LIVER ASSOCIATION	800-223-0179
AMERICAN LUNG ASSOCIATION	800-586-4872
AM. PARKINSON'S DISEASE ASSOCIATION	800-223-2732
ARTHRITIS FOUNDATION HOTLINE	800-283-7800
BETTER BUSINESS BUREAU	508-652-4800
BETTER HEARING HELP LINE	800-327-9355
BOSTON ALZHEIMER'S CTR. INFO. (Rogerson)	617-983-2300
CANCER INFORMATION	800-422-6237
CITIZEN INFO SERVICE McCORMACK BLDG.	800-392-6090
CITIZEN'S ENERGY CORPORATION	617-524-3950
CONSUMER PRODUCT COMPLAINTS	800-638-2772
DEDHAM COUNCIL ON AGING	781-326-1650
DEDHAM HOUSING AUTHORITY	781-326-3543
DEDHAM RECREATION DEPARTMENT	781-751-9250
DEDHAM TOWN ADMINISTRATOR	781-751-9100
DEDHAM TOWN CLERK	781-751-9200
DEDHAM TOWN COLLECTOR	781-751-9160
DEDHAM PUBLIC HEALTH DEPARTMENT	781-751-9220
DISABILITY DETERMINATION	800-882-2040
DIVISION OF INSURANCE	617-521-7777
DO NOT CALL REGISTRY	800-622-6939
ELDERLINE	800-243-4636
EXECUTIVE OFFICE OF ELDER AFFAIRS	800-882-2003

ELDER LAW 781-461-9637
 EXTENDED CARE FEDERATION 800-227-3367
 FISH TRANSPORTATION 866-268-7211
 FOXFIELD TAXI CORPORATION 800-585-8294
 HESSCO 800-462-5221 OR 781-784-4944
 HELPLINE 781-828-6666
 HOSPICE HOTLINE 800-658-8898
 MA NETWORK OF INFORMATION PROVIDERS FOR PEOPLE
 WITH DISABILITIES 800-642-0249
 LEGAL AND HEALTH INFORMATION 888-243-5337
 MANAGED HEALTH CARE FOR SENIORS:
 BLUE CROSS 65 (BCBS) 800-200-4255
 FEDERAL BCBS FOR MA RES. 800-433-7766
 FIRST SENIORITY (HCHP) 800-421-3550
 MEDEX HOTLINE 800-258-2226
 SECURE HORIZONS (TUFTS) 800-246-2400
 MA ASSISTED LIVING FACILITY ASSOC 781-622-5999
 MA ASSOC OF OLDER AMERICANS 617-426-0804
 MA ATTORNEY GENERAL'S OFFICE 617-727-2200
 MA COMM AGAINST DISCRIMINATION 617-727-3990
 MA COMM FOR DEAF & HARD OF HEARING 800-882-1155
 MA COMMISSION FOR THE BLIND 800-392-6450
 MA DEPT OF PUBLIC HEALTH – WOMENS HEALTH NETWORK
 BREAST & CERVICAL CANCER INITIATIVE 800-227-2345
 MA DEPT OF TRANSITIONAL ASSIST 617-348-8500
 MA PRO REVIEW ORGANIZATION 800-252-5533
 MEDICAID CUSTOMER SERVICE 800-633-4227
 MEDICARE TELEPHONE HOTLINE 800-633-4227
 NATIONAL CANCER INSTITUTE 800-422-6237

NATIONAL COUNCIL ON ALCOHOLISM AND DRUG
 DEPENDANCE 800-622-2255
 NATIONAL MENTAL HEALTH ASSOC 800-969-6642
 NATIONAL INST. ON AGING INFO 800-222-2225
 NATIONAL OSTEOPOROSIS FOUNDATION 800-223-9994
 NATIONAL STROKE ASSOCIATION 800-787-6537
 PRESCRIPTION ADVANTAGE 800-243-4636
 RUOK (ARE YOU OK?) 866-900-7865
 SHINE (HEALTH INS & LONG TERM PLANNING
 INFORMATION NEEDS OF ELDERS) 781-784-4944
 SOCIAL SECURITY ADMINISTRATION 800-772-1213
 THE LIGHTHOUSE (ASSIS. FOR VISUALLY IMPAIRED) 800-334-5497
 UNITED WAY OF TRI-COUNTY 508-872-3291
 UTILITY COMPLAINTS 800-392-6066
 VETERANS ADMINISTRATION 877-222-8387
 WHITE CAB 781-762-2000 OR 617-361-2930

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ABUSE

Elder Abuse Hotline
Health & Social Services Consortium (HESSCO) Protective Services
South Middlesex Legal Services

ADULT DAY PROGRAMS

Boston Aid to the Blind
Cooperative Elder Services
Department of Mental Retardation
Julia Ruth House
Lifeworks Day Habilitation Program
N.E. Sinai Hospital Rehabilitation Ctr.
Norfolk Adult Day Health Center
Senior Place Adult Day Health Ctr.
Westwood/Pembroke Health System

ADULT EDUCATION

ABLE
Dedham Community House
Dedham Public Schools
Dedham Library & Endicott Branch
Elderhostel
SOAR
UMASS Dartmouth

ASSISTED LIVING FACILITIES

Allerton House

Avery Crossing
Brighton Gardens at Dedham

ASSISTED LIVING FACILITIES (con't)

Commonwealth Communities
Fox Hill Village at Westwood
Grove manor Estates
Marina Place
New Pond Village
North Hill
River Bay Club
Sunrise
Traditions of Dedham
Village at Willow Crossing

ALZHEIMER'S

Alzheimer's Alert
Alzheimer's Disease Related Disorders Assoc.
(Includes Helpline & Wanderers Alert Registry)
Boston Alzheimer's Center
Dedham Police Alzheimer's Alert Program
NE Sinai Hospital & Rehab.
Norfolk Adult Day Health Ctr.
Also see Assisted Living Facilities and Nursing Homes.

BLIND/VISION IMPAIRED

Boston Aid to the Blind
Lions International (Clubs & Organizations)
MA Assoc. for the Blind
MA Commission for the Blind

MA Eye & Ear Infirmary/Vision Rehab.
Morrill Memorial Library

BLIND/VISION IMPAIRED (con't)

National Eye Care Project
Talking Information Center (TIC)
Vision Community Services

CLOTHING

Glad rags for MSPCC
St. Vincent DePaul (St. Mary's Church)
Where to donate

CLUBS & ORGANIZATIONS

CONSUMER AFFAIRS

Better Business Bureau, Inc.
Consumer Protection-Norfolk District Attorney
Exec. Office of Consumer Affairs & Business Reg.
Homeowners Options of MA Elders
Mass – Save (Energy)

CONTINUING CARE COMMUNITIES

Fox Hill Village at Westwood
New Pond Village
Orchard Cove

CRISIS INTERVENTION

Crisis Intervention Service
Elder Abuse Hotline
NORCAP Lodge

Riverside Mental Health Clinic
Self-Help
Westwood/Pembroke Health System
Protective Services – HESSCO

DENTAL CARE

Dedham Health Department
MASSHEALTH Bump-up Program
MASSHEALTH Dental
Tufts Dental School

DISEASE RELATED ORGANIZATIONS

American Cancer Society
American Diabetes Association of MA
American Heart Association
American Lung Association
Arthritis Foundation
Greater Boston Diabetes Society, Inc.
Leukemia Society
Multiple Sclerosis Society
Norwood Dialysis Center
Parkinson's Disease Center

EMPLOYMENT RESOURCES

Experience Works
Bostonworks.com
Monster.com
Careerbuilders.com
Jewish Vocational Service Career Center
Department of Education and Training (DET)

Operation ABLE

FINANCIAL ASSISTANCE

Home Improvement Loan Program
Homeowner Options for MA Elders
Long Term Care Eligibility
MA Dept. of Transitional Assistance
Pension Assistance Project
Project Bread's Hunger & Food
Social Security Administration

FUNERAL HOMES

Cremation Society of Massachusetts
George F. Doherty & Sons Funeral Homes
Folsom Funeral Services Inc.
William Gormley Funeral Homes

FURNITURE

MA Coalition for the Homeless
Savers
St. Vincent De Paul of Boston

HEARING IMPAIRMENT

Deaf Inc.
Hearing Aid Services
MA Commission for the Deaf & Hard of Hearing
MA Department of Public Health

HOME EQUIPMENT (RENT/BUY)

Advanced Home Products
Attleboro Area Medical Equipment Co.

Collins Surgical Center
Dedham Council on Aging
Durable medical Equipment
Healthwise Hospital Pharmacy
Helpline
Hospital Pharmacy
Wardle H. L. Drug Co. Inc.

HOME HEALTH AGENCIES

Health & Social Services Consortium (HESSCO)
Caritas Home Care
VNA Care Network
Walpole Area VNA

HOME MAKING AGENCIES

Anodyne Health Care Services
Health & Social Services Consortium (HESSCO)
Helping Hands at Home
VNA Care Network

HOSPICE

Caritas Good Samaritan Hospice
Hospice Federation of MA
Stanley R. Tippet Home (The)
VNA Care Hospice

INDEPENDENT LIVING FACILITIES (55+)

Brighton Gardens
Community at Pond Meadow
Dedham Housing Authority

North Hill
Riverwalk Commons
Traditions of Dedham
Westbrook Crossing

LEGAL SERVICES

Bar Association of Norfolk County
Gillard Association Legal Search
Grove Manor Estates
Health & Social Services Consortium (HESSCO)
Medicare/Advocacy Project
South Middlesex Legal Services

MEDICAL INSURANCE

Division of Medical Assistance
MA Association of Health Plans
MA Association of Older Americans
MA Health/Div of Medical Assistance/Medicaid
MASSPRO (MA Pro Review Organization)
Medicaid Customer Service
Medicare Claims Hotline
Medicare

MENTAL HEALTH

Center for Community Counseling & Education
Crisis Intervention Service
Family Services of Norfolk County, Inc.
NORCAP Lodge
Norwood Caritas Psychiatric Center
McLean Hospital

Riverside Mental Health Clinic
VNA Care Network
Westwood/Pembroke Health System

MULTI-SERVICE AGENCIES

American Red Cross Emergency Services
Executive Office of Elder Affairs
St. Vincent De Paul of Boston
Salvation Army
United Way

DEDHAM HEALTH DEPARTMENT

All Programs offered

NURSING HOMES

Charwell House
Commonwealth Communities
Ellis Nursing and Rehab. Center
Emerald Rehab. & Alzheimer's Care Center
Fox Hill Village at Westwood
Harrington House Nursing & Rehab. Center
Hellenic Nursing & Rehab. Center
Milton Health Care
New Pond Village
Veterans Administration Medical Center
Victoria Haven Nursing Facility
Wingate at Needham

NUTRITION

Caritas Norwood Hospital (Senior Suppers)

Ecumenical Food Pantry
Health & Social Services Consortium (HESSCO)
Dedham Meals on Wheels
SERVE Program

PERSONAL EMERGENCY RESPONSE SYSTEM

Lifeline
Life-Line Systems
Organization for Enhanced Capability
Pioneer Medical Systems, Inc

PRESCRIPTION DRUGS

CVS Pharmacy
Board of Registry in Pharmacy
MASS MEDLINE
MA Prescription Advantage
Meds Buy Mail
Medscrip
Pfizer for Living Share Card
Wardle H.L. Drug Co. Inc

REHABILITATION

Boston Aid to the Blind
Boston Guild for the Hard of Hearing
Braintree Rehabilitation Hospital Ctr.
Charwell House
Commonwealth Communities
Ellis Nursing and Rehabilitation Center
Emerald Rehab. & Alzheimer's Care Center
Harrington House Nursing & Rehabilitation

Hellenic Nursing & Rehab, Center
Milton Health Care
N.E. Siani Hospital Rehab. Center
Norwood Caritas Rehabilitation
Veteran's Administration Hosp. (West Roxbury)
Wingate at Needham

RESPIRE

Emerald Rehab. & Alzheimer's Care Center
Health & Social Services Consortium (HESSCO)
Senior Place Adult Day Health Center
Veterans Administration Medical Center
Victoria Haven Nursing Facility
VNA Care Hospice
VNA Care Network

SUBSTANCE ABUSE

Alcoholics Anonymous
Alcohol Hotline Adcare Hospital
NORCAP Lodge
Veterans Administration Medical Center
Westwood/ Pembroke health System

SUPPORT GROUPS

Al-Anon
Alcoholics Anonymous
Alzheimer's Support Groups:
Charwell House
Emerald Rehab. & Alzheimer's care Center
Fox Hill Village at Westwood

Hellenic Nursing & Rehab. Center
Cancer Support Groups:
Caritas Norwood Hospital
Foxboro Health Center
Bereavement Support Groups:
Grace Episcopal Church (widow's lifeline)
Newton/Wellesley Hospital
St. Mary's Catholic Church
St. George's Roman Catholic Church
Caregivers Support (Family Services of Norfolk Cty)
Traditions of Dedham VNA Care Network
Leukemia Society
Parkinson's Support Groups:
Ellis Nursing & Rehabilitation
Stroke Support (Caritas Norwood Hospital)
Vision Community Services

TOWN OF DEDHAM DEPARTMENTS

AMBULANCE, FIRE & POLICE EMERGENCIES 911

ALL OTHER DEPARTMENTS

TRANSPORTATION

American Cancer Society
American Medical Response of MA, Inc.
Bringing Families Together
Dedham Council on Aging Van
Fallon Ambulance Service
FISH
Foxfield Taxi
MBTA – Senior Citizens Pass

MBTA – The Ride
The Ride
Veterans Administration Hospital (West Roxbury)

VOLUNTEER OPPORTUNITIES

American Cancer Society
American Red Cross
Caritas Norwood Hospital
Dedham Council on Aging
FISH
Health & Social Services Consortium (HESSCO)
Retired Senior Volunteer Program (RSVP)
SERVE Program
Stanley Tippett Home
Talking information Center (TIC)
VNA Care Hospice
VNA Care Network

WEB ADDRESSES

www.800ageinfo.com

HOUSES OF WORSHIP

Places of Worship Listing

ALPHABETICAL LISTING OF
ORGANIZATIONS & DESCRIPTIONS

AL-ANON 508-366-0566
57 East Main Street Suite 109, Westboro, MA 01581
Provides support groups for families of alcoholics.

www.alanon.org

ALCOHOLICS ANONYMOUS 617-426-9444
368 Congress Street, Boston, Ma 02210
Provides meetings and information

www.aa.org

ADVANCED HOME PRODUCTS 781-769-8999
935 Washington St. Norwood, MA 02026
Offers crutches, shower chairs, etc.-rent or purchase.

ALCOHOL HOTLINE ADCARE 800-252-6465
107 Lincoln St., Worcester, MA 01605

www.adcare.com

ALZHEIMER'S ALERT 617-482-4580
330 Congress St., 5th Floor, Boston, MA 02110

Safe return program

www.info@alz.org

ALZHEIMER'S DISEASE & RELATED
DISORDERS, INC. 800-548-2111

36 Cameron Ave. Cambridge, MA 02140

Provides information and referral helpline, support groups,
Advocacy, wanders alert program, and publications.

www.alzmass.org

AMERICAN CANCER SOCIETY 888-648-4880
OR 508-584-9600

115 West Chestnut St., Boston, MA 02301-7501

Provides education for patient, family support programs,
Volunteer transportation programs and limited financial
Provides assistance to patients and their families.

www.cancer.org

AM. DIABETES ASSOC. OF MA 617-482-4580
40 Speen Street, Framingham, MA 01701

Provides information and referral

www.diabetes.org

AMERICAN HEART ASSOC. 508-620-1700
20 Speen St., Framingham, MA 01701

Provides information and referral

www.americanheart.org

AMERICAN LUNG ASSOCIATION 508-668-6729
Norfolk County-Newton Lung Association
25 Spring St., Walpole, MA 02081

www.lungusa.org

AMER. MED. RESPONSE 781-769-1200
4 Tech. Circle Natick, MA 01760
Offers ambulance wheelchair transportation
www.amr.net

ANODYNE HEALTH CARE SERV. 617-471-7200
1515 Hancock St., Quincy, MA 02169
Provides a wide range of home care and homemaking
Services.
www.intergens.com

ARTHRITIS FOUNDATION 617-244-1800
29 Craft St., Newton, MA 02458
Offers support groups, aquatics, and exercise programs
www.arthritis.org

ATTLEBORO MED. EQUIP. CO. 800-439-9146
175 Park St., Attleboro, MA 02703
Provides durable medical equipment for rent or purchase.
www.nemed.org

AVERY CROSSING 781-444-6655
110 West St. Needham, MA 02494
An assisted living residence.
www.massalfa.org

BETTER BUS. BUREAU, INC. 508-652-4800
235 West Central St., Suite 1, Natick, MA 01760-3767
Provides business reliability reports, charity reports,
Counseling brochures and mediation/arbitration programs.
www.bbb.org

BOARD OF REG. IN PHARMACY 617-727-9953
239 Causeway St., Boston, MA 02114
Provides information and referral on generic drugs.
www.nabp.net

BOSTON AID TO THE BLIND 617-323-5111
1980 Centre St., West Roxbury, MA 02132
Provides rehabilitation, recreation and social services. Has
an adult day health and social day program.
www.gbab.org

BOSTON ALZHEIMER'S CENTER 617-983-2300
434 Jamaica Way, Boston, MA 02130
Provides a resource and information center.
www.rogersonalz.org

BRAINTREE HOSP. REHAB. CTR. 781-848-5353
250 Pond St. Braintree, MA 02184
Provides physical rehabilitation services on an in-patient
and out-patient basis.
www.braintreehospital.org

BRIGHTON GARDENS DEDHAM 781-407-7711
391 Common Street, Dedham, MA 02026
An assisted living, mild and moderate dementia program.
www.sunriseseniorliving.com

BRINGING FAMILIES TOGETHER 617-698-0002
95 Elliot St., Norwood, MA 02062
Private wheelchair transportation.
www.bringingfamieliestogether.com

CARITAS GOOD SAM. HOSPICE 781-769-8282
3 Edgewater Dr., Norwood, MA 02062
Offers care for terminally ill patients with less than 6 months prognosis. Care includes: RNs, Social Workers and Volunteers
www.caritaschristi.org

CARITAS HOME CARE 781-769-1640
OR 781-278-8600
3 Edgewater Dr., Norwood. MA 02062
Provides a full range homemaking and home health aid services.
www.caritaschristi.org

CARITAS NORWOOD HOSPITAL 781-551-5600
800 Washington St., Norwood, MA 02062
offers support groups for stroke and breast cancer. Also Senior Suppers – Mon, Tue, Thu & Fri –4:45 PM –6:15 PM. Wed – 4:15 PM. Cost is \$4. Volunteer opportunities
www.caritaschristi.org

CENTER FOR COMMUNITY COUNSELING AND EDUCATION 508-668-3223
32 Common St., Walpole, MA 02081
Provides outpatient mental health and substance abuse Counseling
www.baystatecs.org

CHARWELL HOUSE 781-762-7700
305 Walpole Street Norwood, MA 02062
Provides rehabilitation, short and long term-care and respite for the elderly in a skilled nursing facility.
www.charwellhouse.com

COLLINS SURGICAL CENTERS 508-580-2825
87 WESTGATE drive, Brocton, MA 02301
Complete home health care supplies and equipment. Free delivery to patient's home. Orthopedic fittings.
www.users.wpi.edu

COMMONWEALTH COMMUNITY 800-500-5715
909 Summer Street Stoughton, MA 02072
Provides clinical services and programs; offers specialty hospitals, rehabilitation, and nursing centers. Also assisted living residences.
www.commonwealthcommunity.com

COMMUNITY AT POND MEADOW 508-384-3500
279 East Street (Route 140), Wrentham, MA 02093
An independent living facility.
www.pondmeadow.org

CONSUMER PROTECTION 617-727-8400
NORFOLK ATTORNEY GENERAL
200 Portland Street, Boston, MA 02114
Mediates complaints at the local level in conjunction with the Attorney General's office.
www.ago.state.ma.us

CLUBS & ORGANIZATIONS – DEDHAM

American Legion Post 18	781-329-1434
Boys & Girls Club	781-326-6704
Council on Aging	781-326-1650
Dedham Civic Pride	P.O. Box 613
Dedham Community Assoc.	781-329-5740
Dedham Rotary Club	P.O. Box 122
Historical Society	781-326-1385
Human Services of Dedham	781-329-9356
Junior Women's Club	781-461-8296
Knights of Columbus	781-326-9719
Moose Lodge	781-329-0089
Neponset Valley Chamber of Commerce	781-769-1126
Neponset Valley Rotary Club	P.O. Box 4031
Odd Fellows Lodge	781-326-9405
Retired Men's Club	781-326-6382
Retired Senior Volunteers Program	781-329-5728

Veteran of Foreign Wars Post 2017	781-326-2757
Veterans Services	781-751-9165
Women's Exchange	781-326-0627
Youth Commission	781-751-9190

CRISIS INTERVENTION SRVS 781-769-8674
190 Lenox Street, Norwood, MA 02062
Provides round the clock mobile psychiatric crisis assessment service.
www.norwood.outpatient@riversidecc.org

DEAF INC. 617-254-4041
215 Brighton Ave Allston, MA 02134
Provides a wide range of programs to maximize independence of Deaf and Hard of Hearing people.
www.deafinonline.org

DENTAL MASSHEALTH 617-638-4700
BU School of Dental Medicine 100 East Newton Street 1st Floor
Boston, MA 02118
Provides dental services not covered by MASSHEALTH at a discounted rate, Bump-up Program.
www.dentalschool.edu

DEPT. MENTAL RETARDATION 508-668-3679
125 West Street Walpole, MA 02081
Provides work-vocational and residential programs for mentally retarded individuals.
www.mass.gov/dmr

DIV. OF MEDICAL ASSISTANCE 800-408-1253
367 East Street Tewksbury, MA 02876
Answers questions on Medicaid eligibility. MASSHEALTH
Enrollment Center.
www.mass.gov

DURABLE MEDICAL EQUIPMENT 800-842-2052
A Public Service telephone number that provides Medicare Part
B claims for durable medical equipment, orthotics, prosthetics and
supplies for Massachusetts.
www.cms.hhs.gov

ELDER ABUSE HOTLINE 800-922-2275
Provides statewide 24-hour hotline to report emergencies
regarding elders or to file reports of abuse, neglect and financial
exploitation of persons over 60 years of age.
www.800ageinfo.com

ELDERHOSTEL, INC 877-426-8056
11 Avenue De Lafayette Boston, MA 02111
Offers education and classes and travel opportunities for 60 yrs
and older – world-wide.
www.elderhostel.org

ELDERLINE 800-AGE-INFO
124 Watertown Street Watertown, MA 02172
Provides nationwide information and referral center on resources
available to elders.
www.800ageinfo.com

ELLIS NURSING & REHAB CTR 781-762-6880
135 Ellis Avenue Norwood, MA 02062
Offers skilled nursing and rehabilitation. Parkinson's support
groups available.
www.theellis.com

EMERALD REHAB & ALHEIMER CARE CENTER
781-769-2200
460 Washington Street Norwood, MA 02062
Offers skilled nursing facility. Provides respite and rehabilitation
services, Alzheimer's support groups and admits Alzheimer's
patients.
www.beverlycares.com

**EXECUTIVE OFFICE OF CONSUMER AFFAIRS
AND BUSINESS REGULATIONS** 617-727-7755
10 Park Plaza Boston, MA 02116
Oversees new and used vehicle warranty programs and home
improvements contractors' programs. General consumer
information available.
www.mass.gov/elders

EX. OFFICE OF ELDER AFFAIR 617-727-7750
1 Ashburton Place Boston, MA 02108
Provides info and referral on all areas of senior concerns
including housing, health insurance, intergenerational programs,
protective services, etc.
www.800ageinfo.com

EXPERIENCE WORKS 978-630-1203
55 Lake Street Gardner, MA 01440
Provides community service and employment training for economically disadvantaged seniors.
www.experienceworks.com

FAMILY SERV. NORFOLK CTY 781-326-0400
18 Norfolk street Dedham, MA 02026
Offers support groups, home counseling, bereavement counseling and psychotherapy.
www.volunteersolutions.org

FAULKNER HOSPITAL 617-522-5800
1153 Centre Street Boston, MA 02130
Offers Headache, Migraine and Facial Pain Clinics.
www.faulknerhospital.org

FOX HILL VILLAGE @ WESTWOOD 781-329-4433
10 Longwood Drive Westwood, MA 02090
Offers assisted living, skilled nursing and continuing care facility.
www.foxhillvillage.com

FOXFIELD TAXI CORP. 508-339-2829
29 Wall Street Foxboro, MA 02035
Provides medical transportation to Boston, Hospitals on Mondays appointment must be between 9am and 12 pm Call for pick-up \$20 round trip.
www.foxfield.com

GLAD RAGS FOR MSPCC 781-329-6129
30 Hartford Street Westwood, MA 02090
Accepts and sells used clothing and household items.
Open: Tues, Wed, Thurs 10am – 4pm; Sat 10am – 1pm
www.mspc.org

GRACE EPISCOPAL CHURCH 781-762-0959
150 Chapel Street Norwood, MA 02062
Accepts and sells used clothing donations. Also have a bereavement support group and Ecumenical Food Pantry.
www.gracenor.org

GR. BOSTON DIABETES SOC. 617-731-2972
1330 Beacon Street Brookline, MA 02446
Provides information and referrals.
www.volunteersolutions.org

GROVE MANOR ESTATES 781-843-3700
160 Grove St., Braintree, MA 02184
Offers a full range of care programs to stay independent, a full assistance plan, and also serves the memory impaired.
www.grovementates.com

HARRINGTON HOUSE NURSING 508-660-3080
160 Main St. Walpole, MA 02081
Provides respite services in skilled nursing facility. Also accepts Alzheimer's patients.
www.harringtonrehab.com

HEALTH & SOCIAL SRV. CONSORTIUM 800-462-5221

1 Merchant St., Sharon, MA 02067

HESSCO provides a wide range of services to include education, information and referrals, nursing home screening, home delivery of meals, personal care services, transportation, money management program, legal services, companionship and advocacy. www.hessco.org

HEARING AID SERVICES 800-499-2212

450 North Main St., Sharon, MA 02067

Repairs hearing aids. Offers counseling.

www.hearingcarecenter.com

HELLENIC NURSING & REHAB 781-828-7450

601 Sherman St., Canton, MA 02021

Skilled nursing facility that offers rehabilitation, long-term care and Alzheimer's support group.

www.hellenichome.com

HELPING HANDS AT HOME 781-769-2457

3 Edgewater Dr., Norwood, MA 02062

Provides personal aides, companions, homemakers, evening and overnight services and private nursing assessments

www.caritaschristi.org

HELPLINE 508-584-4357

47 West Elm St., Brockton, MA 02401

Assists disabled and elders with SSI applications, loans, medical equipment and food pantry. Also provides information and referral.

HOME IMPROVEMENT LOAN PRO 781-326-5776

Contact Johanne Toomey 163 Dedham Blvd

P.O. Box 4119, Dedham, MA 02026

Provides low cost loans for paint de-leading only.

www.mass.gov/dhcd

HOME OWNERS OPTIONS 617-451-0680

137 South St., Boston, MA 02111

Assists elderly homeowners with their finances by referrals to resources, such as, tax deferral, legal aid, home repairs, home care and reverse mortgages.

www.catalogueforphilanthropy.org

www.mass.gov

HOSPICE FEDERATION OF MA 800-962-2973

Offers information and referrals to hospice providers.

www.hospicefed.org

INTERNAL REVENUE SERVICE

Federal Tax Forms

800-829-3676

Recorded Refund/Tax info.

800-829-4477

www.massdor.com

JEWISH VOC. CAREER CTR. 617-451-8147

105 Chauncey St., Boston, MA 02111

Offers career counseling, employment listings, workshops, lectures and assessment testing.

www.jvs-boston.org

JULIA RUTH HOUSE 781-251-3393
199 Canton St Westwood, MA 02090
Home-based day care centers, for adults who are in need of some daily support, but do not require a nursing home.
www.juliaruthhouse.com

LEUKEMIA SOCIETY 800-688-6572
495 Old Connecticut Pass, Suite 220 Framingham, MA 01701
Offers information and support groups.
www.leukemia.org

LIFELINE 800-328-8824
175 Paramount Dr., Raynham, MA 02767
Offers a personal response system.
www.lifeline.com

LIFE-LINE SYSTEMS, 508-988-1000 OR 988-3000
111 Lawrence St., Framingham, MA 01701
Offers personal emergency response system.
www.lifelinesystems.com

LIFEWORCS DAY HAB. PROG. 781-762-8706
789 Clapboardtree St., Westwood, MA 02090
Provides a day program for disabled people.
www.dmoz.org

LONG-TERM CARE ELIG. 800-242-1340

21A Spring St Taunton, MA 02780
Reviews financial eligibility for Medicaid payments for nursing homes.
www.masslongtermcare.org

MARINA PLACE 617-770-3264
4 Seaport Drive, North Quincy, MA
Offers independent, assisted and early Alzheimer's living.
www.newtonseniorliving.com

MA ASSOC FOR THE BLIND 617-738-5110
200 Ivy St., Brookline, MA 02146
Provides aids and appliances, community services, Braille dept. recording studio, education, social and recreational activities.
www.mablind.org

MA ASSOC. OF HEALTH PLANS 617-338-2244
Provides information about Medicare + Choice and managed care plans.
www.mahp.com

MA ASSOC. OF OLDER AMERS. 617-426-0804
108 Arlington St., Boston, MA 02116
Educates advocates and lobbies for senior issues.
www.masspro.org

MA COALITION FOR HOMELESS 617-423-9162
300 Congress St., Boston, MA 02110
Offers statewide advocacy for the homeless. Furniture bank available.
www.mahomeless.org

MA COMM. FOR THE BLIND 800-392-6450
TTY: 800-392-6556
48 Boylston St., Boston, MA 02116
Provides information and referrals
www.mass.gov/mcb

MA COMMISSION DEAF & HARD OF HEARING
800-882-1155 OR 617-740-2850
150 Mount Vernon St., Suite 550 Dorchester MA 02125
Offers information on services available in Dedham area.
www.mass.gov/mcdhh

MA DEPT. OF PUBLIC HEALTH 800-462-5540
DIV. OF HEALTH CARE QUALITY
10 West St., Boston, MA 02111
Investigates quality of care complaints and reviews discharge
planning in acute care hospitals.
www.mass.gov/dph

MA EYE & EAR INFIRMARY 617-573-4177
243 Charles St., Boston, MA 02114
Provides complete eye exam, vision care and rehabilitation
services. Evaluates and diagnoses causes of deafness.
www.meei.harvard.edu

MASSHEALTH 800-841-2900
P.O. Box 45 Boston, MA 02112
Provides information on Masshealth and other benefits.
www.mass.gov/masshealth

MASS MEDLINE 866-633-1617

Provides answers to questions about prescriptions and Medicare,
will work with you to try to reduce prescription costs.
www.massmedline.com

MA PRESCRIPTION ADV. 800-243-4636
Provides financial aid for prescriptions.
www.massresources.org

MASSPRO ORGANIZATION 800-252-5533
Provides answer to questions about Medicare beneficiary
questions on hospital benefits, concerns about quality of care, and
timing of discharge.
www.masspro.org

MASS-SAVE 800-632-8300
40 Washington St. Westborough, MA 01581
Offers a free home energy survey that identifies energy efficient
improvements. Will install up to \$30 of energy and water saving
devices at no charge.
www.ms.imarc.net

MEDICARE ADVOCACY PRJ 800-323-3205
Free legal representation provided for elderly and disabled
residents.
www.medicareadvocacy.org

MBTA-SENIOR CITIZEN'S PASS 617-222-5438
Back Bay Station, MA 02116

Provides reduced fare passes for 65+ or eligible disabled. Cost is fifty cents with proof of age.

www.mbta.com

MBTA – THE RIDE 617-222-5123

10 Park Plaza, rm 4730, Boston, MA 02116

Provides door-to-door transportation for those eligible with physical or mental disabilities and unable to use public transportation, reduced fare.

www.mbta.com

MILTON HEALTH CARE 617-333-4636

1200 Brush Hill, Milton, MA 02186

Provides rehabilitation and respite care in a skilled nursing facility. Short and long term care also available.

www.hospital-data.com

MULTIPLE SCLEROSIS SOC. 781-890-4990

101 First Ave., Suite 6, Waltham, MA 02451

Assists and provides individuals with Multiple Sclerosis with information, referrals and support groups. Financial assistance program is available for respite services.

www.nmss.org

NATIONAL EYE CARE PROJECT 800-222-3937

The Foundation of the Academy of Ophthalmology

P.O. Box 429098, San Francisco, CA.94142-9098

Provides referrals to local Ophthalmologist for those 65 or older without access to medical eye physicians or without means to pay. Eyeglasses, prescriptions, hospital services are not covered.

www.allaboutvision.com

N.E. SINAI HOSP & REHAB CTR 781-344-0600

150 York St., Stoughton, MA 02072

Provides full rehabilitation and also two adult day health programs.

www.newenglandsinai.org

NEW POND VILLAGE 508-660-1555

180 Main St., Walpole, MA 02081

Offers assisted living with a 24-hour medical alert system.

Services include one meal a day, housekeeping, transportation and on-site shops. Also offers skilled nursing facility.

www.newpondvillage.com

NEWTON/WELLESLEY HOSP. 617-243-6537

2014 Washington St., Newton, MA 02162

Provides an afternoon bereavement support group.

Contact – Phyllis King

www.nwh.org

NORCAP LODGE 508-543-1873

71 Walnut St., Foxboro. 02035

Provides in-patient and out-patient substance abuse and mental health programs.

www.caritasgoodsam.org

NORFOLK DAY HEALTH CENTER 781-769-4495

595 Pleasant St., Norwood. MA 02062

Offers an adult day health center and activities.

www.communityvna.com

NORTH HILL 781-433-6526

865 Central Ave. Needham, MA 02492
Offers independent and continuing to assisted living facilities.
www.northhill.org

CARITAS PSYCHIATRIC CTR. 800-331-2900
800 Washington Street Norwood, 02062
Provides geriatric psychiatric care. Located within Caritas
Norwood Hospital.
www.caritasnorwood.org

NORWOOD CARITAS REHAB 781-769-4000
800 Washington St., Norwood, MA 02062
Provides short-term rehabilitation care within Caritas Norwood
Hospital.
www.caritasnorwood.org

NORWOOD DIALYSIS CENTER 781-762-1544
101 Access Road, Norwood, MA 02062
Provides dialysis treatment and is equipped with full emergency
power.
www.caritasnorwood.org

OPERATION ABLE 617-542-4180
131 Tremont St., Suite 301, Boston, MA 02111
Provides employment and training opportunities for persons age
45 and older at moderate fees.
www.operationable.net

ORCHARD COVE 781-821-1730
I Del Pond Dr., Canton, MA 02021
Provides continuing care nursing.
www.hebrewrehab.org

**ORGANIZATION FOR ENHANCED
CAPABILITY/ACCESS 911** 508-677-0777
657 Quarry St., #10 2nd Floor, Fall River, MA 02723
Offers a 24-hour monitoring system.
www.abledata.com

PARKINSON'S DISEASE CTR 617-638-8466
720 Harrison Ave., Suite 707, Boston, MA 02118
Provides information and referrals.
www.healingwell.com/parkinsons

POST OFFICE 800-275-8777
611 High Street Dedham, MA 02026
East Dedham Bussey Street
www.boston.citysearch.com

RETIRED SENIOR VOL. PROG. 781-329-5728
614 High St., P. O. Box 310, Dedham, MA 02026
Provides volunteer opportunities for seniors in Norfolk County.
www.norfolkcounty.org

RIDE (THE) 888-920-7433

167 Franklin St., Framingham, MA
Provides door-to-door transportation for those eligible with physical or mental disabilities and unable to use public transportation. Reduced fare.
www.mbta.com

RIVER BAY CLUB 617-472-4457
99 Brackett St., Quincy, MA 02169
Offers assisted living facilities.
www.riverbayclub.com

RIVERSIDE MENTAL HEALTH 781-769 8670
190 Lenox St., Norwood, MA. 02062
Provides psychotherapy and clinics.
www.riversidecc.org

RIVERWALK COMMONS 508-660-9565
8 Rose Court Way, Walpole; MA 02032
Offers home with maintenance-free living.
www.riverwalkcommons.net

RUOK (ARE YOU OKAY) 866-900-7865
Provides free daily telephone check from the Norfolk Sheriff's Department.
www.mass.gov/sheriff/norfolk/ruok
ST. VINCENT DE PAUL
1280 Washington ST., Boston, MA 02132
Provides a Furniture Bank and free pick-up for donations.
www.svdpboston.com

SALVATION ARMY 617-472-2345

6 Baxter St., Quincy, MA 02169
Provides emergency help with shelter and utilities.
www.salvationarmyusa.org

SELF HELP, INC. 508-588-0447
Provides fuel assistance, weatherization and burner repair service.
www.selfhelpinc.org

SENIOR PLACE ADULT HEALTH 617-325-9447
2222 Centre St West Roxbury, MA 02132
A social day program and adult day health center, for seniors other services include nursing and respite care. Affiliated with VNA Care Network
www.vnacarenetwork.org

SHINE PROGRAM 781-784-4944
www.medicareoutreach.org 800-243-4636
(SERVING HEALTH INFO. NEEDS OF ELDERS)
1 Merchant St., Sharon, MA 02067
Provides counselors to answer questions on health care benefits, Medicare, Medicaid, etc. Mon-Fri 9 AM to 5 PM. Free.

SOAR (Service opps after retirement) 617-969-5906
492 Watham Street West Newton, MA 02465 www.soar.org

SOCIAL SECURITY ADMINISTRATION
10 Causeway St. Boston, MA 02133 800-772-1213
1 Edgewater Dr. Norwood, MA 02062
www.ssa.gov

SOUTH MIDDLESEX LEGAL SER. 800-696-1501

354 Waverly St., Framingham, MA 01702

Provides free civil legal services for income eligible senior citizens in housing, government benefits, nursing home cases, defense of guardianships and elder abuse. Has a private bar program in which attorney's represent clients in the area of domestic relations, bankruptcy and wills. Home visits are available for the homebound.

www.smlegal.org

STANLEY R. TIPPETT HOME, 781-433-5800

920 South St., Needham, MA 02492

Provides alternative residence for terminally ill patients unable to remain in their own homes. Care focuses on the management of pain and other symptoms.

www.vnacarenetwork.org

STATE GOVERNMENT

GOVERNOR MITT ROMNEY 617-727-4005

Email goffice@state.ma.us

THE STATE HOUSE, BOSTON, MA 02133

STATE SEN. MARIAN WALSH 617-722-1348

THE STATE HOUSE, ROOM 405, BOSTON, MA 02133

Marian.Walsh@state.ma.us

STATE REP ROBERT COUGHLIN 617-722-2130

Email Rep.robertcoughlin@housestate.ma.us

THE STATE HOUSE ROOM 130 BOSTON, MA 02133

ATTORNEY GENERAL

www.ago.state.ma.us

MAIN NUMBER 617-727-2200

CONSUMER COMPLAINTS 617-727-8400

LABOR INFORMATION 617-727-3465

AUDITOR 617-727-2075

COURTS

www.mass.gov/courts

DEDHAM DISTRICT 781-329-4777

NORFOLK COUNTY SUPERIOR 781-326-1600

EMPLOYMENT & TRAINING 617-727-6560

INSPECTOR GENERAL 617-727-9140

HOTLINE 800-322-1323

MASS BAY TRANSIT AUTHORITY www.mbta.com

BUS OPERATIONS 617-222-5000

COMMUTER RAIL 617-222-3200

THE RIDE 617-222-5123

THE RIDE TOOL FREE 800-533-6282

TDD/HEARING IMPAIRED 617-222-5415

REGISTRY OF MOTOR VEHICLES

www.mass.gov/rmv

100 NASHUA STREET BOSTON 617-351-4500

MERIT RATING BOARD 617-351-4400

SUNRISE 781-762-1333

86 Saunders Road, Norwood, MA 02062

Offers assisted living facilities.

www.sunriseassistedliving.com

TALKING INFORMATION CTR. 800-696-9505
 P. O. Box 519 Marshfield, MA 02050
 Provides the reading of daily newspapers, current periodicals,
 shopping guides, best selling books and other material. Volunteer
 Opportunities.
www.ticnetwork.com

TOWN OF DEDHAM	26 BRYANT ST.
	www.town.dedham.ma.us
ASSESSORS	781-751-9130
BOARD OF HEALTH	781-751-9220
BUILDING DEPARTMENT	781-751-9180
ELECTRICAL INSPECTOR	781-751-9184
PLUMBING INSPECTOR	781-751-9183
COUNCIL ON AGING	781-326-1650
CANINE CONTROL	781-751-9160
CODE ENFORCEMENT OFFICER	781-751-9186
COLLECTOR	781-751-9160
CONSERVATION	781-751-9210
FINANCE DEPARTMENT	781-751-9150
FINANCE COMMITTEE	781-751-9140
PARKING TICKETS	781-751-9260
PLANNING	781-751-9240
PARKS & RECREATION	781-751-9250
REGISTRAR OF VOTERS	781-751-9200
TOWN ADMINISTRATOR	781-751-9100
TOWN CLERK	781-751-9200
TREASURER	781-751-9170

VETERANS SERVICES	781-751-9265
YOUTH COMMISSION	781-751-9190
CREDIT UNION	
450 WASHINGTON ST	781-326-8068
RETIREMENT BOARD	
260 MILTON ST.	781-326-7693
POLICE DEPT.	600 HIGH STREET
POLICE DEPARTMENT	781-751-9300
POLICE ADMINISTRATION	781-751-9310
WEB PAGE	WWW.DEDHAMPOLICE.ORG
FIRE DEPT.	436 WASHINGTON ST.
FIRE NON-EMERGENCY	781-751-9400
FIRE PREVENTION	781-751-9412
PUBLIC WORKS DEPT.	55 RIVER ST.
OFFICE	781-751-9350
BROOKDALE CEMETERY	781-326-1177
LIBRARY 43 CHURCH ST.	781-751-9280
CHILDREN'S ROOM	781-751-9283
CIRCULATION	781-751-9284
ADULT SERVICES	781-751-9287
TECHNICAL SERVICES	781-751-9291
CUSTODIAN	781-751-9294
ENDICOTT MT VERNON ST.	781-326-5339
SCHOOL DEPARTMENT	
SUPERINTENDENT	781-751-5622
ELEMENTARY SCHOOLS	

AVERY 123 HIGH ST 781-326-5354
 CAPEN 322 SPRAGUE ST 781-461-5978
 ECEC 781-326-5978
 GREENLODGE 781-461-5989
 OAKDALE CEDAR ST. 781-326-5351
 RIVERDALE NEEDHAM ST. 781-326-5350
 MIDDLE SCHOOLS
 MAIN # 70 WHITING AVE. 781-326-6900
 ADJUSTMENT COUNSELOR 781-329-6199
 HIGH SCHOOL
 MAIN 781-326-4773
 ATHLETIC DEPT. 781-326-2948
 AUTO DEPT. 781-329-5654
 CAFETERIA 781-329-7872
 GUIDANCE OFFICE 781-326-7061
 MUSIC DEPT. 781-461-5986
 NURSE'S OFFICE 781-326-7493
 ENDICOTT ESTATE 656 EAST ST. 781-326-0012
 DEDHAM WESTWOOD WATER DISTRICT
 OFFICE 50 ELM ST. 781-329-7090
 NIGHTS, SUN. & HOLIDAYS 781-326-1250
 METER READING 781-326-8662

 TRADITIONS OF DEDHAM 781-251-9930
 735 Washington St., Dedham, MA 02026
 Offers assisted and independent living facilities. Also admits
 Alzheimer's patients (Pathways).

www.newtonseniorliving.com/

UNITED WAY 617-624-8000
 245 Summer St., Suite 1401, Boston, MA 02210
 Provides telephone information and referral to people in crisis in
 need of help.
www.unitedway.com

UNITED WAY OF TRI COUNTY 508-872-3291
 46 Park St., Framingham, MA 01702
 Provides telephone information and referral to people in crisis in
 need of help.
www.unitedwaytri-county.org

VETERANS ADMINIST. HOSP. 617-323-7700
 1400 VFW Pkwy, West Roxbury, MA 02132
 Provides in-patient and out-patient services—specialized unit for
 spinal cord injuries, counseling and rehabilitation. Transportation
 available, DAV transportation, call Ext. 5627
www.visn1.med.va.gov

JFK FEDERAL BUILDING INFO. 800-827-1000
OTHER VA HOSPITALS
BEDFORD 200 SPRINGS RD 781-275-7500
BOSTON 150 SO. HUNTINGTON AV 617-232-9500
VNA CARE HOSPICE 800-728-1862
 120 Thomas St., Worcester, MA 02160
 Care for terminally ill patients, in their own homes and at
 alternative hospice residences in Needham. Staff includes nurses;
 home health aids; homemakers; social workers; physical,

occupational, and speech therapists; pastoral counselors; and medical director. Offers free bereavement support group.
www.vnacarenetwork.org

VNA CARE NETWORK 800-728-1862
120 Thomas St., Worcester, MA 02160
Provides a full range of health care in patients' homes includes: nurses; home health aides; physical, occupational, and speech therapy; social workers, and homemakers. Offers free senior health clinics in Dedham.
www.vnacarenetwork.org

WALPOLE AREA VNA 508-668-1066
55 West St., Walpole, MA 02081
Provides nursing services, Home Health Aids, Physical Therapy, Occupational Therapy and medical social workers. Offers rehab. programs and health clinic.
www.walpole.ma.us

WESTWOOD/PEMBROKE HEALTH 781-762-7764
Westwood Lodge, 45 ClapBoardTree St. Westwood, MA 02090
Provides comprehensive in-patient and out-patient mental health program. Programs cover chemical dependency. Eating disorders, trauma, psychopharmacology, geropsychiatry and cognitive therapy.
www.arbourhealth.com

WINGATE AT NEEDHAM 781-455-9090
589 Highland Avenue, Needham, MA 02494
A rehabilitative skilled nursing residence. Offers nursing care; physical, occupational, and speech therapy, wound pain, respiratory and diabetic management, hospice and terminal care.
www.seniorresidential.com

WHERE TO DONATE VARIOUS THINGS
Clothes, furniture, shoes, cars some pick up and others you must drop off. Dedham REUSE Guide
www.town.dedham.ma.us/recycle/reuse.pdf

WORSHIP IN DEDHAM

Allin Congregational Church/United Church of Christ
683 High St. Dedham, MA 02026 781-326-5050

Church of the Good Shepherd
62 Cedar St. Dedham, MA 02026 781-326-3052

Calvary Baptist Church
42 Needham St. Dedham, MA 02026 781-329-9264

Fellowship Bible Church
47 Milton St. Dedham, MA 02026 781-326-3033

First Church of Christ, Scientist
619 High St. Dedham, MA 02026 781-326-3035

Hope Baptist Church
1916 River St. Hyde Park 617-361-1425

First Church in Dedham Unitarian Universalist
670 High Street Dedham, MA 02026 781-326-7463

Orthodox Christian Church of St. John of Damascus
300 West St. Dedham, MA 02026 781-326-3046

St. John's United Methodist Church
61 Fairview St. Dedham, MA 02026 781-326-2025

St. Mary's Catholic Church
420 High St. Dedham, MA 02026 781-326-0550

St. Susanna Catholic Church
262 Needham St. Needham, MA 02026 781-329-9575

St. Anne's Church
82 W. Milton St. Reedville, MA 617-361-3443

St. Luke's Evangelical Lutheran Church
950 East St. Dedham, MA 02026 781-326-1346

St. Paul's Church (Episcopal)
59 Court St. Dedham, MA 02026 781-326-4553

WWW.AOA.GOV/ABUSE
WWW.ALZMASS.ORG
WWW.MASS.GOV
WWW.800AGEINFO.COM
WWW.SOAR-MA.ORG
WWW.DOABETES.ORG
WWW.DOCBOARD.ORG
WWW.EATRRIGHT.ORG
WWW.ELDERWEB.COM
WWW.FDNCENTER.ORG
WWW.GLAUCOMA.ORG
WWW.GRANDSPLACE.COM
WWW.HEALTHIERCOMMUNITIES.ORG
WWW.HELPPRO.COM
WWW.HESSCO.ORG
WWW.HOSPICEFED.ORG
WWW.KIDNEY.ORG
WWW.MABLIND.ORG
WWW.MASS.GOV
WWW.MASSLONGTERMCARE.GOV
WWW.NORFOLKCOUNTY.ORG
WWW.REFDESK.COM/SENIORS.HTML
WWW.RX.COM
WWW.SSA.GOV
WWW.STATE.MA.US/DPH
WWW.STATE.MA.US/ELDER
WWW.STOPPAIN.ORG
WWW.TECHTUTORIALS.COM
WWW.TOWNSPRING.COM
WWW.VA.GOV
WWW.AMERICANGERIATRICS.ORG
WWW.MEDICAREADVOCACY.ORG

WWW.ELDERABUSECENTER.ORG
WWW.MASSLONGTERMCARE.ORG
WWW.WIREDSENIORS.COM
WWW.SENIORMATCH.COM
WWW.SENIORLAW.COM
WWW.800AGEINFO.COM
WWW.CMS.GOV
WWW.HUD.GOV/GROUPS/SENIORS.CFM
WWW.USGENWEB.COM
WWW.NCCNHR.ORG
WWW.ABANET.ORG/ELDERLY/HOME.HTML
WWW.CONSUMERLAW.ORG
WWW.NAELA.ORG
WWW.NSCLC.ORG
WWW.SENIORLAW.COM
WWW.AARP.ORG
WWW.AOA.DHHS.GOV
WWW.FTC.GOV
WWW.HOUSE.GOV
WWW.SENATE.GOV
WWW.SENIORNET.ORG
WWW.MA-ELDERAFFAIRS.ORG
WWW.THIRDAGE.COM
WWW.WHITEHOUSE.GOV
WWW.NASUA.ORG
WWW.AAHTA.ORG
WWW.MASSLONGTERMCARE.ORG
WWW.MBTA.COM
WWW.NANASO.ORG
WWW.FTC.GOV
WWW.SSA.GOV
WWW.DOR.STATE.MA.US
WWW.STATE.MA.US/EMP.HTM
WWW.CAREMANAGER.ORG

WWW.MASSALFA.ORG

WWW.ASAGING.ORG

WWW.ELDERABUSECENTER.ORG